

# **Country Report**

## **Denmark**

**By**

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## **SUMMARY**

In the ENSP report "Effective tobacco control policies in 28 European Countries" Denmark scores 43 of 100 point which place Denmark right in the middle of the countries. This is in many ways a fair description.

We have seen a steady decrease in smoking prevalence in Denmark and the prevalence of daily smokers was in December 2004 25 % - down from 37 % in 1994. From 1989 to 2001 the government had a Council on Tobacco and Health and there were central funding of cessation interventions in 2003 and 2004. In 2001 Denmark got a ban on advertising cigarettes although some ways of marketing of tobacco product exist.

On the other hand the government has no concrete plans nor programmes to reduce the harm done by tobacco. We seen a large decrease in the taxes on cigarettes and other tobacco products in an attempt to harmonize prizes to Germany and reduce cross-border sales. The funding for advertising the risk of smoking and the ways to quit have been very low. There has also been a reluctance to make a ban on smoking in public places and work places.

### **1. INTRODUCTION**

The Kingdom of Denmark has a population of 5.4 million people and is modern, prosperous nation that joined NATO in 1949 and the EEC (now the EU) in 1973. However, the country has opted out of certain elements of the European Union's Maastricht Treaty, including the European Economic and Monetary Union (EMU).

This thoroughly modern market economy features high-tech agriculture, up-to-date small-scale and corporate industry, extensive government welfare measures, comfortable living standards, a stable currency, and high dependence on foreign trade. Denmark is a net exporter of food and energy and enjoys a comfortable balance of payments surplus.

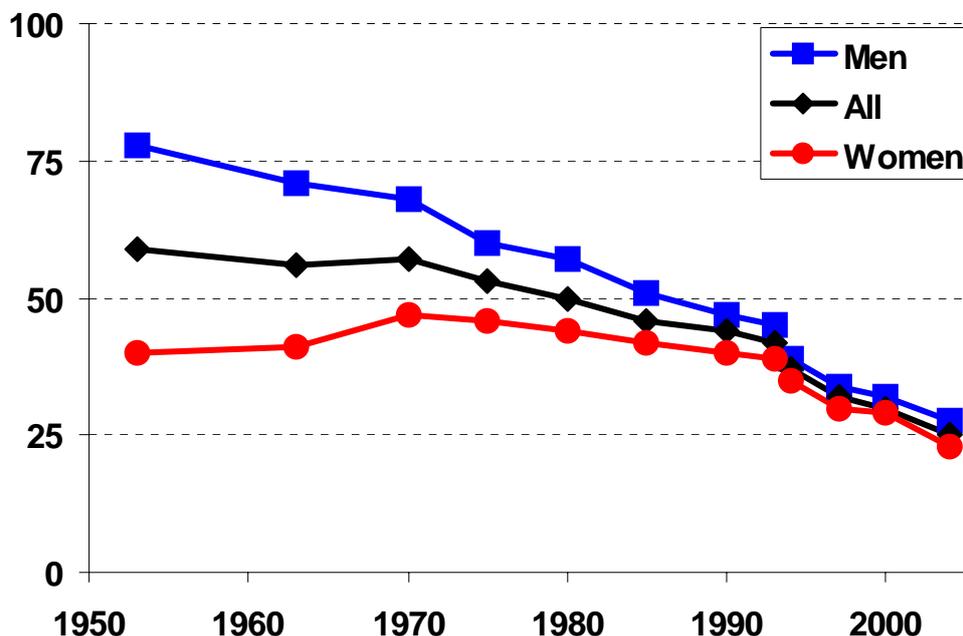
Prime Minister Rasmussen, leader of the Venstre (Liberal) Party, was re-elected in February 2005 and has led a Liberal-Conservative coalition government since November 2001 when the election result ended decades of domination of the Danish political scene by the Social Democrats.

### **2. THE USE OF TOBACCO PRODUCTS**

For decades and until recently the tobacco consumption in Denmark has been high. Especially the Danish women have smoked a lot for many years. As a possible consequence the average life expectancy of 77.2 years place Denmark as number 18 in Europe.<sup>1</sup> The low life expectancy in Denmark because of smoking caught political attention 10 years ago. Smoke-free workplaces were not political possible at the time and a tobacco control strategy based mainly on cessation was chosen.

We have seen a steady decrease in smoking prevalence in Denmark since. The prevalence of daily smokers in Denmark was in December 2004 25 % - down from 37 % in 1994. 2 % smoke occasionally.<sup>2</sup> The smoking prevalence of daily smokers at the age of 16 to 20 is 20 % in 2002.<sup>3</sup>

### Daily smoking prevalence in Denmark age 13+



Cigarettes are used by most smokers (93 %) and the rest smoke mainly pipe. The cigarette consumption per year per capita is 1455. Cigar and smokefree tobacco are seldom used. Smoking of waterpipe has become fashion during the last couple of years.

### 3. THE HARM DONE BY TOBACCO

In Denmark every year 12.000 people die too early because of tobacco.<sup>4</sup> According to a calculation by Peto and Lopez 1800 men and 1200 women die of lung cancer from smoking and 1000 men and 500 women die from other smoking related cancer forms. 1400 men and 1600 women die from chronic obstructive pulmonary disease (COPD) and other respiratory diseases. 1500 men and 1500 women die every year from cardiovascular diseases caused by smoking.

### 4. MEASURES TO REDUCE THE HARM DONE BY TOBACCO

No governmental policy exists today on how to reduce the harm done by tobacco. There are no concrete goals on the prevalence of smokers in the future or other measures. The government have made a general health plan "Health all life", which state that the government want to raise the average life expectancy, good quality of life and reduce the social inequalities in health.

The minister of health has announced that the law on smokefree environment will be improved in 2006, but it is unclear whether this means a complete ban on smoking at work.

## **5. COMMUNITY ACTION AND MEDIA EDUCATION**

There is no community action and media education programme in Denmark. In 2005 the Danish National Board of Health has run a campaign on smokefree environments and the danger of passive smoking.

Danish Cancer Society, Danish Heart Association, Danish Medical Association and ten other health organisations have called for a total ban on smoking at workplaces in newspaper advertisement.

In 2005 there has only been local campaign on how smokers should quit smoking.

## **6. THE EFFECTIVENESS AND COST EFFECTIVENESS OF SMOKING CESSATION INTERVENTIONS**

A database on effectiveness of cessation activities has been established, and the first results are expected to be published soon. Most people follow a standard intervention of five group sessions or an individual intervention of five sessions.

Preliminary results show that only 1 of 6 participants continued abstinence after twelve months when analysed according to the intention-to-treat principle. Among the persons who completed the follow-up forms about 1 of 3 were still abstaining twelve months after.

## **7. HEALTH CARE INFRASTRUCTURE**

### **7.1 Integrated health care system.**

Smoking cessation is not integrated in the health care system. However attempts to integrate cessation have been taken in some hospitals and in some counties. This however is on an ad hoc basis, and no reports exist on successes or failures.

### **7.2 Structures for quality of care.**

In Denmark drugs has to be licensed for use by the Danish Medicine Agency (Lægemiddelstyrelsen). No government agency has the responsibility to prepare guidelines for smoking cessation, to monitor outcome of cessation activities at the population level, monitor quality of services or assess cost effectiveness. This on the other hand has been partly undertaken by the "STOP" collaboration - a project between National Board of Health (formerly Council on Tobacco and Health), Danish Cancer Society, Danish Heart Association and Danish Lung Association. Further linked to the health promoting hospital network - smoke free hospitals - a database on effectiveness of cessation activities has been established, and the first results are expected to be published soon.

As a completely private enterprise, the pharmaceutical industry producing NRT and Bupropion did as part of the marketing strategy provide cessation guidelines to health care providers.

### **7.3 Research and knowledge for health**

No formal research programme exists, and no public funds are allocated to this activity. The cessation research carried out is either financed by the pharmaceutical industry or foundations like the Danish Cancer Society, Danish Heart Association etc.

Tobacco addiction and diseases is not part of the professional training in universities, be it for medicine, pharmacy or dentistry. Nursing student do however have a formal education in smoking cessation as part of the curriculum both pre and postgraduate.

#### **7.4 Health care policies and strategies for smoking cessation.**

No policy exist to day, however a governmental policy on smoking cessation is under preparation.

#### **7.5 Structures to manage the implementation of treatment within the health services.**

No identified person at the ministerial level exists, and no governmental department oversees and manages smoking cessation services. At present Denmark is undergoing a huge administrative reform, and smoking prevention and thus also cessation services are likely to be an integrated part of the health activities of the new communes.

#### **7.6 Funding health services and allocating resources.**

At present there is limited government funding for smoking cessation services. The funding is allocated to the national quit-line. So far the counties have had the possibility to apply for small amounts of money to support local cessation activities. Unfortunately the allocation of funds for both the central services and for the local activities are annual, and reviewed annually which makes it virtually impossible to run a comprehensive and coherent activity in smoking cessation.

### **8. SUPPORT FOR TREATMENT PROVISION**

#### **8.1 Screening, quality assessment, referral and follow-up systems.**

Obtaining a smoking history from patients is a pretty standardized procedure both in general practice and in hospitals. Case notes in hospitals had in the past a rubric for recording of smoking status, however for some years this was not pre printed or requested. To day, a smoking history is common place, but left to the physician if needed; the quality of smoking histories however is not assessed. Electronic Patient record Systems - be it in general practise or hospitals - support the smoking history to be obtained and recorded. No fixed protocols or charts for smoking cessation exists, however information can be obtained from the Internet or smoke cessation facilitators available throughout the country in significant numbers. No generalised system exists for monitoring patient treatment for tobacco dependency, however monitoring of success rates for various interventions do exists as part of quality control/research in some settings.

#### **8.2 Protocols and guidelines.**

Guidelines for smoking cessation based on international experience were developed in Danish by the collaboration "STOP" between the National Board of Health, Danish Cancer Society, Danish Heart Association and Danish Lung Association. The guidelines are useful in all scenarios and include both individual and group approach. So far no studies published on implementation and adherence.

For nurses and pharmacists this is supported by the smoking policy of the respective professional organisations, and nurses get a special accreditation if trained. Else the only other professional group trained is the quit line counsellors.

Smoking cessation assistance is part of the normal duties of the health care providers and thus included in the normal salary. The only group receiving special reimbursement for services is specially trained nurses carrying out smoking cessation activities as an extra service on top of normal duties.

## **9. INTERVENTION AND TREATMENT**

### **9.1 Availability and accessibility.**

Smoking cessation help is widely available through the pharmacist network, the centralised Internet sites, targeting youth and adults respectively, and the national quit-line. With over 90% of the population with access to and frequent use of the Internet and the availability of telephones, be it mobile or regular, help is easily obtained from these sources. Some GP's, hospitals, dentists, community clinics and larger workplaces also provide cessation services. A few specialist services both with and without referral exists. There are no services in schools or prisons.

All NRT products are licensed for use and are available over the counter and in general sale. Only Bupropion needs to be prescribed by a doctor, and due regulation on marketing of pharmaceuticals cannot be freely advertised on television.

### **9.2 Affordability.**

The products for smoking cessation are only available at full cost. NRT gum is on the free market but typically the cost is 0.33 € per unit and for Bupropion at 1.34€ per unit. Brief counselling at the GP is free of charge; however more intense counselling interventions will be subject to a shared cost model between the smoker and the health care system - typically a 50% reimbursement of costs.

## **10. HEALTH CARE PROVIDERS**

### **10.1 Clinical accountability.**

GP's and their nurses, pharmacists, cardiologists and lung physicians are known to consider smoking cessation advice as part of their duties. However, it is only a minority of the GP's that actually provide services and spontaneously ask smoking patients if they wish to stop. Most GP's feel a need for education in smoking cessation, and also request services to where they can refer smokers for cessation.<sup>5</sup> Usually an intervention from the GP is linked to diseases that are smoking related, as is the case among cardiologists and lung physicians. Smoking cessation advice is to some extent acknowledged as important by dentists, midwives, oncologists and ENT specialists, but the service and the topic has not been institutionalised in these settings.

### **10.2 Treatment provision.**

A survey on smoking habits and related items is carried out annually in Denmark.<sup>2</sup> From this survey we know from the population that only 11% are asked about their smoking status by the GP - although over 80% would expect to be asked and welcome the screening by the GP. Among smokers about half (56%) are advised to stop by their GP, but only 1/3 are assisted by the GP in their cessation attempt. We have no information on smokers' willingness to quit, quality of cessation treatment use of pharmacological products and success of GP's intervention.

## **11. HEALTH CARE USERS**

### **11.1 Knowledge.**

The annual survey on smoking habits in Denmark includes questions related to the knowledge on the effects of smoking. More than 80% of the Danish population knows smoking causes lung cancer, and to day also a majority realise that passive smoking also entail a substantial health risk. However, only 60 % of daily smokers know the relationship between smoking and cardiovascular diseases.

### **11.2 Treatment seeking behaviour.**

The annual survey on smoking habits indicates that 83% stopped smoking based on willpower alone. A little over 10% used help from the family or friends, and similar proportion NRT products. Few, in the order of 1-3% used help from a doctor, pharmacist, and telephone quit line or special clinics. The survey however, cannot demonstrate the extent to which the quitters were assisted by the knowledge that professional and pharmaceutical was available to them in case of failure, and to what extent this supported their motivation. Also the easy access to Internet services and the advice through this channel could not be adequately addressed in the survey.

### **11.3 Smoking behaviour and intentions to quit.**

The annual national survey both records the proportion of daily smokers and all smokers from 13+ years. The smoking prevalence has been decreasing for more than 20 years and is at present lower than the percent given for 2003 in the assessment tool. According to the survey 54% of the population is ex-smokers and half of the smokers either have attempted or are planning a cessation attempt. The most recent successful quit attempt for at least 1 year is 29%.

## 12. REFERENCES

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- <sup>1</sup> Human Development Report 2005. Denny C, editor. 219. 2005. United Nations Development Program.
- <sup>2</sup> PLS Ramboll. [Monitoring of smoking habits, 2004]. Danish National Board of Health, Danish Cancer Society, Danish Hearth Foundation, Danish Lung Association, editors. 2005.
- <sup>3</sup> Ringgaard, Nielsen [Monitoring of young peoples lifestyle and daily life, 2004] Danish Cancer Society, Danish National Board of Health, 2005.
- <sup>4</sup> Peto, Lopez et al. Mortality from smoking in developed countries 1950-2000. 2nd. edition, updated 2003. [www.ctsu.ox.ac.uk](http://www.ctsu.ox.ac.uk)
- <sup>5</sup> Clemmensen IH, Schroll B, Storm HH Praktiserende lægers holdninger og adfærd overfor rygende patienter. <http://www.cancer.dk/resources/plundersogelse.doc>

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## THE ASSESSMENT TOOL

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### A tool to assess the available services for smoking cessation at the country or regional level

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*Please cross the box, place a cross in the table or type your answer where indicated.*

#### PART I

##### Personal details of contact person for completion of tool

Name: Hans Storm

Organization and position: Danish Cancer Society, Director of Cancer Prevention and Documentation

Address (name and number of street, postal code, town): Strandboulevarden 49, DK-2100 Copenhagen

Telephone: +45 35 25 76 25

Fax: +45 35 25 77 06

Email: hans@cancer.dk

Website: www.cancer.dk/tobak

Country: Denmark

If you are answering for a jurisdictional<sup>5</sup> region rather than a country as a whole, which jurisdictional region is it?

**Please note:** unless you state otherwise in the tool, it will be assumed, if you are completing the questionnaire for a jurisdictional region other than a country, that all your answers are for this jurisdictional region.

Population size of the country/region: 5.4 mio people

Date of completing the tool (dd-mm-yy): 22-12-04

**Is there a country-wide or region-wide formal or informal smoking cessation coalition or partnership?**

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Yes  
 No

If yes:

What is the name of the coalition?

When was it established?

Please describe the aim of the coalition in one sentence: \*Discussion is ongoing for the establishment of a dedicated network including players in the field and members of the national coalition on tobacco and health

Please provide a separate word document listing the members of the coalition or partnership, including the following information:

Name of member organization or individual:

One sentence description of organization or individual: (e.g. "national scientific body representing general practitioners", or "recognized expert")

## **PART II**

### **A. LEGISLATIVE MEASURES**

This section will provide the completed country specific WHO European profiles of tobacco control, and the completed country specific profiles of the ENSP project on tobacco control policies as attachments. The files will be sent separately and at a later date.

Respondents will be asked to check and update the data, and provide an assessment of implementation and enforcement.

There is no need to do anything at present.

**B. COMMUNITY ACTION AND MEDIA EDUCATION**

1. What is the percentage of health professionals in your country or region who smoke?

	% who are daily smokers  Please write NO, if information not available	Date of survey	Please provide filename for document reference (and complete document reference template)
1.1. Doctors overall	22 M/19 F	1996	DK_Ref1_HP
1.2. Nurses overall	17	2002	DK_Ref2_Nurses
1.3. General practitioners	15	2000	DK_Ref3_GP
1.4. Nurses in general practice	NO		
1.5. Nurses in general hospitals	16	2002	DK_Ref2_Nurses
1.6. Pharmacists	19 M/ 10 F	2000	DK_Ref4_Pharm
1.7. Midwives	21	1996	DK_Ref1_HP
1.8. Dentists	22 M/10 F	1996	DK_Ref1_HP
1.9. Oncologists	NO		
1.10. Cardiologists	NO		
1.11. Lung physicians	NO		
1.12. Surgeons	NO		
1.13. Gynaecologists	NO		

**Please add any extra comments here**

2. Have there been public education campaigns implemented in your country or region in the past 24 months in the listed media that provide information about why smokers should quit smoking, or provide information on how to quit? If so, were they publicly funded?

	Provide information about why smokers should quit smoking	Provide information on how to quit	Were the campaigns publicly funded		
			Fully	Partial	No
Television	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Radio	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Newspapers and magazines	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Billboards	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Other (please state)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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**Please add any extra comments here      Several campaign billboards in local areas**

**C. HEALTH CARE INFRASTRUCTURE**

**Integrated health care system**

3. Would you say that smoking cessation is integrated in the health care system, including co-operation or relationships between primary health care and secondary health care, similar to that for other chronic diseases such as asthma?

- Yes, widely
- Yes, partially
- No

**Please add any extra comments here      Integrated in some areas**

**Structures for quality of care**

4. For each topic in the table, is there a formal governmental organization, or organization appointed or contracted by the government that:

	Yes	No	If yes, please provide filename for organizational reference (and complete organization reference template)
4.1. Licenses drugs for smoking cessation?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	DK_Ref5_Med
4.2. Has the responsibility of preparing clinical guidelines for smoking cessation?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
4.3. Monitors health outcomes at the population level from smoking cessation?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
4.4. Monitors the quality of care provided for smoking cessation?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
4.5. Reviews the cost effectiveness of smoking cessation interventions?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
4.6. Can deal with cases of clinical negligence in smoking cessation (like clinical negligence in other areas of medicine, such as failing to diagnose and treat tuberculosis)?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
4.7. Reviews the safety of pharmacological treatments for smoking cessation?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
4.8. Provides information on smoking cessation to health care providers?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	DK_Ref6_SST

**Please add any extra comments here**

### **Research and knowledge for health**

5. Is there a formal research programme for smoking cessation with specifically allocated funding from governmental, government appointed or non-governmental organizations (excluding the pharmaceutical companies and the tobacco industry)?

- Yes, from governmental organizations  
 Yes, from government appointed organizations  
 Yes, from non-governmental organizations  
 No

**Please add any extra comments here with all other health related research**

**only in general research funds in competition**

6. Is education on smoking cessation formally part of the curriculum of undergraduate/basic professional training of the following health care providers?

	Undergraduate/ basic professional training		Postgraduate professional training		Continuing medical education	
	Yes	No	Yes	No	Yes	No
Medical students	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Nursing students	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Pharmacy students	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Dentistry students	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Please add any extra comments here

### Health care policies and strategies for smoking cessation

7. Are there official written policies on smoking cessation from the Government or Ministry of Health? Please mark all that apply:

- Yes, a governmental written stand alone policy on smoking cessation
- Yes, a governmental written policy on smoking cessation which is part of an overall tobacco control policy
- No, but there is a governmental policy on smoking cessation in preparation
- No, there are no governmental policies on smoking cessation

If yes,

Please give filename for document reference:  
(and complete document reference template)

Please add any extra comments here included in the new reform on administrative areas and tasks of new communes - not yet approved

8. If available, the governmental policy on smoking cessation includes:

	Yes	No
A strategy on training for health professionals	<input type="checkbox"/>	<input type="checkbox"/>
A national funded research strategy for smoking cessation	<input type="checkbox"/>	<input type="checkbox"/>
A strategy to support interventions by primary care professionals	<input type="checkbox"/>	<input type="checkbox"/>
Intensive support for smoking cessation in specialised treatment facilities	<input type="checkbox"/>	<input type="checkbox"/>
A position on promoting the use of pharmaceutical products	<input type="checkbox"/>	<input type="checkbox"/>

**Please add any extra comments here**

### **Structures to manage the implementation of treatment within health services**

9. Is there an identified person within the Department of Health or Government, or who is contracted by the Department of Health or Government, who oversees or manages smoking cessation services?

- Yes  
 No

Please provide his/her contact details:

Name:

Organization and position:

Address:

Telephone:

Email:

Website:

**Please add any extra comments here**

### **Funding health services and allocating resources**

10. Is there government funding for services for smoking cessation?

- Yes  
 No

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If no,

Funding is being prepared

11. Is the amount of funding reviewed from time to time?

Yes

No

Do not know

If yes,

Annually reviewed

Reviewed every 2 to 5 years

Reviewed every 5 years or longer

Other (please specify):

**Please add any extra comments here      Minimal amount for a national centre, and funds that can be applied for by counties but no funds and no centre from 2005 onwards**

12. Is a proportion of tobacco taxes specifically earmarked or allocated (this means hypothecated) to fund the costs of smoking cessation services?

Yes

No

13. If yes, please state the proportion:

14. Is yes, is the money raised from the tax actually spent on the costs of smoking cessation services?

Yes

No

15. Is the proportion of tax allocated for smoking cessation services reviewed from time to time?

- Yes  
 No

If yes,

- Annually reviewed  
 Reviewed every 2 to 5 years  
 Reviewed every 5 years or longer  
 Other (please specify):

**Please add any extra comments here**

#### D. SUPPORT FOR TREATMENT PROVISION

##### Screening, quality assessment, referral and follow-up systems

16. In your opinion, are the following screening and support systems available for health care providers in smoking cessation?

	Available in general practice			Available in hospitals		
	Yes, widely	Yes, partially	No	Yes, widely	Yes, partially	No
Screening instruments to identify smoking status	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Case notes or computer records to record smoking status	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Protocol charts or diagrams as an aid for smoking cessation	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Support by facilitators or advisors for smoking cessation	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Systems to follow-up patients for monitoring and treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**Please add any extra comments here**      **No exact numbers of facilitators in GP and hospitals - protocol charts exists from the medical industry regarded unacceptable due the commercial advertsing**

**Protocols and guidelines**

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17. Are there multidisciplinary clinical guidelines for smoking cessation in your country/region that have been approved or endorsed by at least one health care professional body?

- Yes  
 No

If yes:

- Stand alone guidelines for smoking cessation  
 Part of other clinical care guidelines (e.g. asthma guidelines)

If yes, please provide filename for document reference(s): ref 5 individuel rygeafvæn  
(and complete document reference template(s))

If no:

- Guidelines are being prepared

**Please add any extra comments here      Need to know individual organisations to fully understand how comprehensive the guidelines are in coverage - in DK it is the pharmacists org. issuing the guideline referenced**

18. If there are endorsed clinical guidelines for smoking cessation, have there been any studies in your country on their implementation or adherence?

- Yes  
 No

If yes, please provide filename for document reference(s):  
(and complete document reference template(s))

If no:

- Studies are being prepared

**Please add any extra comments here      need for y/N in studies prepared**

19. Are the following health care providers reimbursed for smoking cessation, or is smoking cessation within their terms of service (contract) and part of their normal salary?

	Reimbursed for providing smoking cessation		Smoking cessation within terms of service and part of normal salary	
	Yes	No	Yes	No
General practitioners	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Nurses working in general practice	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Doctors in hospital	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Nurses in hospitals	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Pharmacists	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Dentists	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Addiction specialists	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

**Please add any extra comments here      The pharmacy receive reimbursement i.e. the company/business. GP's and nurses in hospitals may also be compensated.**

20. For the following professional groups, are there specialized guidelines or protocols, a written policy on smoking cessation by the professional association, smoking cessation training within professional vocational education and smoking cessation training within accredited continuing medical education?

For the following professional groups, are there the following for smoking cessation:								
	Specialized guidelines or protocols		Written policy on smoking cessation by professional association		Smoking cessation training within professional vocational training		Smoking cessation training within accredited continuing medical education	
	Yes	No	Yes	No	Yes	No	Yes	No
General practitioners	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Nurses in general practice	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Nurses in general hospitals	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Specialist nurses	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Pharmacists	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Midwives	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Dentists	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Oncologists	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Cardiologists	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Lung physicians	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Ear, nose and throat specialists	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Internal medicine specialists	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Surgeons	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Psychiatrists	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Counsellors in specialist services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Telephone quit line counsellors	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Counsellors in community clinics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Obstetricians	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Paediatricians	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Addiction specialists	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
General/national that cover all disciplines	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**Please add any extra comments here      addiction specialist may be recruited from several of the above disciplines - addiction specialists in this context is cessation counsellors**

## E. INTERVENTION AND TREATMENT

### Availability and accessibility

21. In your opinion, is patient help for smoking cessation available and obtainable (obtainable means that patients can get the help) in the following settings?

Smoking cessation is available and obtainable:	Available in:			Obtainable from:		
	Yes, widely	Yes, partially	No	Yes, easily	Yes, with some difficulty	No
General/family practice	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Hospital clinics	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Work places	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Pharmacists	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Specialist clinics	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Addiction services	<input type="checkbox"/>					
Community based clinics	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Dentists	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Schools	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Prisons	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Telephone quit-lines	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Country or regional internet sites	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Please add any extra comments here

22. Are the following products licensed for use? In what way are they available and, can they be advertised on the television?

Are these products licensed and available from:	Licensed for use?			General sale (e.g. in supermarkets)			From pharmacies (over the counter)			Doctors' prescription			Can be advertised on television		
	Yes	No	Plan to do so	Yes	No	Plan to do so	Yes	No	Plan to do so	Yes	No	Plan to do so	Yes	No	Plan to do so
NRT 2 mg gum	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NRT 4 mg gum	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NRT Patch	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NRT Sub-lingual tablet	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NRT Lozenge	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NRT Inhaler	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NRT Nasal spray	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bupropion	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Other pharmaceuticals (please specify)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other pharmaceuticals (please specify)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please add any extra comments here

### Affordability

23. Are the costs of smoking cessation or the following pharmacological products available free of charge or fully reimbursed to users by the health care system or other third party payers (insurance companies)?

Smoking cessation advice and treatment is free of charge or fully reimbursed	Yes, totally	Yes, partially (indicate the proportion covered)	Only by paying the full cost	Plan to do so
NRT 2 mg gum	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
NRT 4 mg gum	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
NRT patch	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
NRT sub-lingual tablet	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
NRT lozenge	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
NRT inhaler	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
NRT nasal spray	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Bupropion	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Other pharmaceuticals (please specify)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brief counselling interventions	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intensive counselling interventions	<input type="checkbox"/>	<input checked="" type="checkbox"/> 50%	<input type="checkbox"/>	<input type="checkbox"/>

**Please add any extra comments here      mixed picture of public support and own payment, several arrangements exists**

**24.** What is the unit cost in local currency (please state currency) for one 4mg piece of gum and one tablet of bupropion, and, if the information is available, what are the quantities sold (either in volume or in the costs of total sales) in your country/region

	Unit cost	Number of units sold (please state year)	Cost of total sales (please state year)
NRT 4 mg gum			
Bupropion	10 DKK		

**Please add any extra comments here      No fixed price for NRT gum - free market but about 2,5 DKK per unit - we find total nicotine consumption is also of interest**

**25.** Are there specialist services (i.e., specialist or specialist clinic) for smoking cessation available in the country/region?

- Yes  
 No



Cardiologists	0	1	2	3	4	5	6	7	8	9	10
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Lung physicians	0	1	2	3	4	5	6	7	8	9	10
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
ENT (ear, nose and throat) specialists	0	1	2	3	4	5	6	7	8	9	10
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Paediatricians	0	1	2	3	4	5	6	7	8	9	10
	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				

If there are any publications on this topic, please provide the filenames for the document reference(s) and complete the document reference template(s): we will ask the different specialties to get a more precise assessment

**Please add any extra comments here**

**Treatment provision**

27. Have there been any studies, surveys or publications on the following or similar outcomes in primary health care (general practice/family practice), and if so, what are the main findings of the most recent results?

	Date of information  <b>Please write NO, if information not available</b>	Main findings	Please provide filename for document reference (and complete document reference template, one for each document)
Patients are asked or screened about their smoking status	2003	11 %	DK_Ref7_PLS
Smoking patients are given advice to quit	2003	56 %	DK_Ref7_PLS
Smoking patients are assessed their willingness to quit	NO		
Smoking patients are assisted with quitting	2003	33 %	DK_Ref7_PLS
Treatment meets quality criteria	NO		
Practice protocols are followed	NO		
Pharmacological products are recommended	NO		
Pharmacological products are prescribed	NO		

Abstinence is assessed at the end of treatment	NO		
Patients making a quit attempt are followed- up	NO		
Smoking patients stopped in the last year	NO		

**Please add any extra comments here**

## G. HEALTH CARE USERS

### Knowledge

28. Have there been any studies, surveys or publications that provide answers for the following or similar information concerning smoking and if so, what are the main findings of the most recent results?

	Date of information  <b>Please write NO, if information not available</b>	Main findings	Please provide filename for document reference (and complete document reference template, one for each document)
People know that smoking is dangerous to their health	2003	80+ %	DK_Ref7_PLS
People know that living with someone who smokes increases their own risk for health problems	NO		
People think that cigarette dependence is a behaviour that you can simply choose to stop (a habit)	NO		
People think that cigarette dependence is a behaviour that is difficult to stop even when you want to (an addiction)	NO		
People know about effective treatment methods	NO		

**Please add any extra comments here**

## Treatment seeking behaviour

29. Have there been any surveys, studies, or publications which provide information on the proportion of smokers who have ever used one of the following methods to stop smoking and if so, what are the main findings of the most recent results?

	Date of information  <b>Please write NO, if information not available</b>	Main findings	Please provide filename for document reference (and complete document reference template, one for each document)
Help from a doctor	2003	2 %	DK_Ref7_PLS
Help from a nurse	NO		
Help from a pharmacist	2003	3 %	DK_Ref7_PLS
Help from a dentist	NO		
Help from friends or family	2003	11 %	DK_Ref7_PLS
NRT products overall	2003	13 %	DK_Ref7_PLS
Nicotine gum	NO		
Nicotine patches	NO		
Other nicotine products, such as lozenges, tablets, Inhaler or nasal spray	NO		
Bupropion tablets	2003	1 %	DK_Ref7_PLS
Herbal remedies	NO		
Hypnotherapy or acupuncture	2003	2 %	DK_Ref7_PLS
Leaflets, books, articles or videos on how to stop smoking	2003	1 %	DK_Ref7_PLS
Advice from the Internet	2003	0 %	DK_Ref7_PLS
Stop smoking competitions	NO		
Stop smoking clinic or group	2003	1 %	DK_Ref7_PLS
Smoking help line telephone service	2003	1 %	DK_Ref7_PLS
Willpower alone	2003	83 %	DK_Ref7_PLS

Please add any extra comments here

## Smoking behaviour and intentions to quit

30. Have there been any surveys, studies, or publications which provide information on smoking status or intentions to quit, and if so, what are the main findings of the most recent results?

	Date of information  Please write NO, if information not available	Definition of adult	Proportion of adults (%) who are	Please provide filename for document reference (and complete document reference template, one for each document)
<b>Current smokers:</b>				
Males	2003	13+	33	DK_Ref7_PLS
Females	2003	13+	27	DK_Ref7_PLS
Total	2003	13+	30	DK_Ref7_PLS
<b>Tobacco dependent smokers according to e.g. Fagerström score:</b>				
Males	NO			
Females	NO			
Total	NO			
<b>Ex-smokers:</b>				
Males	2003	13+		DK_Ref7_PLS
Females	2003	13+		DK_Ref7_PLS
Total	2003	13+	54	DK_Ref7_PLS
<b>Attempted to quit over a 1 year period</b>				
Males				
Females				
Total	2003	13+	24	DK_Ref7_PLS
<b>Considering to quit in next 6 months</b>				
Males				
Females				
Total	2003	13+	38	DK_Ref7_PLS
<b>Successfully quit for at least 1 year during last 2 years</b>				
Males	NO			
Females	NO			
Total	NO			

If there is data breaking down the above information in more detail by age or socio-economic group, please provide the data.

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**Please add any extra comments here  
least 1 year: 29 %**

**Most recent successful quit attempt for at**