

# Health Professionals and Smoking Cessation in a Larger Europe phase 1, 2, 3      2003-2006

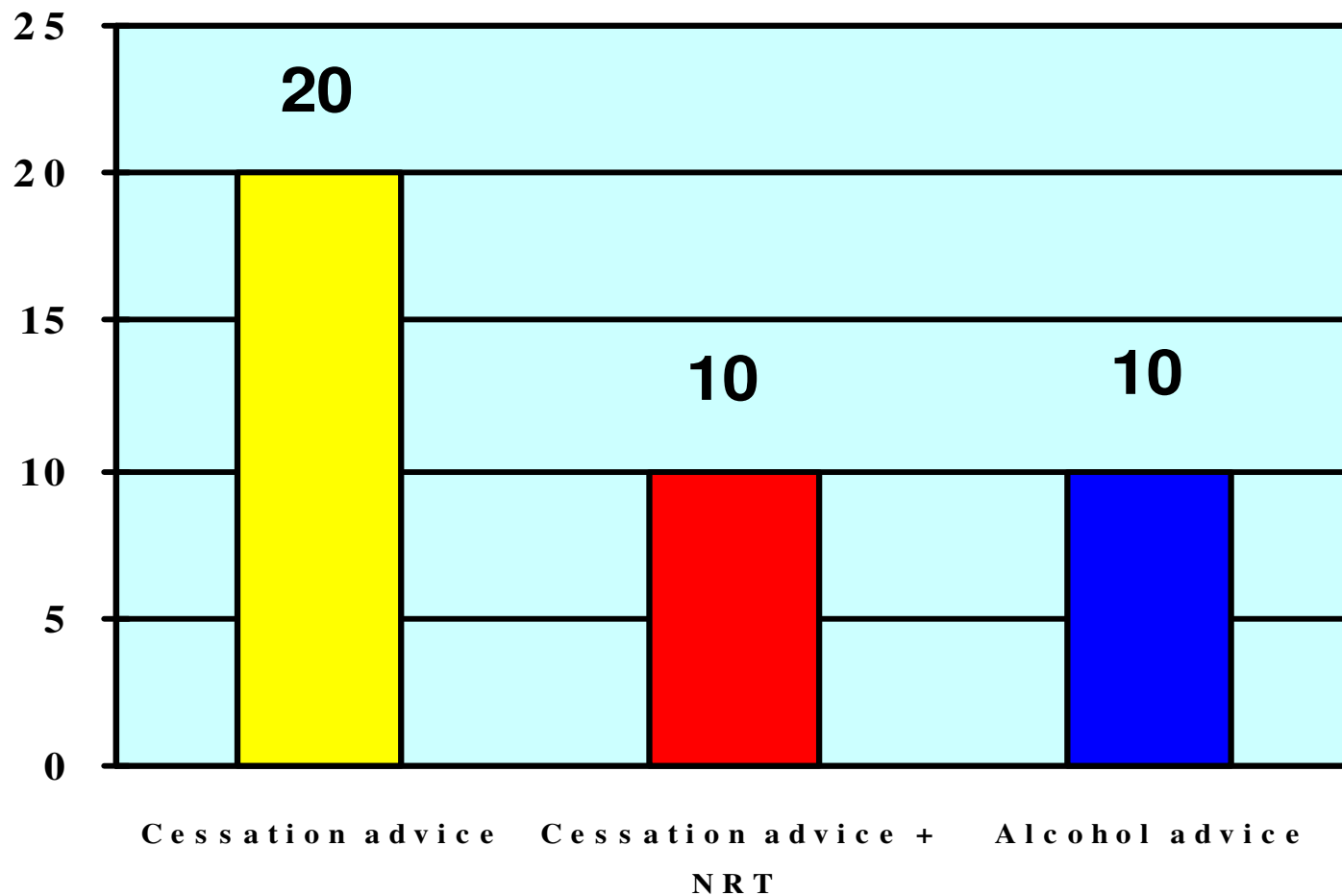
**Bruxelles 6 -7 December 2004**



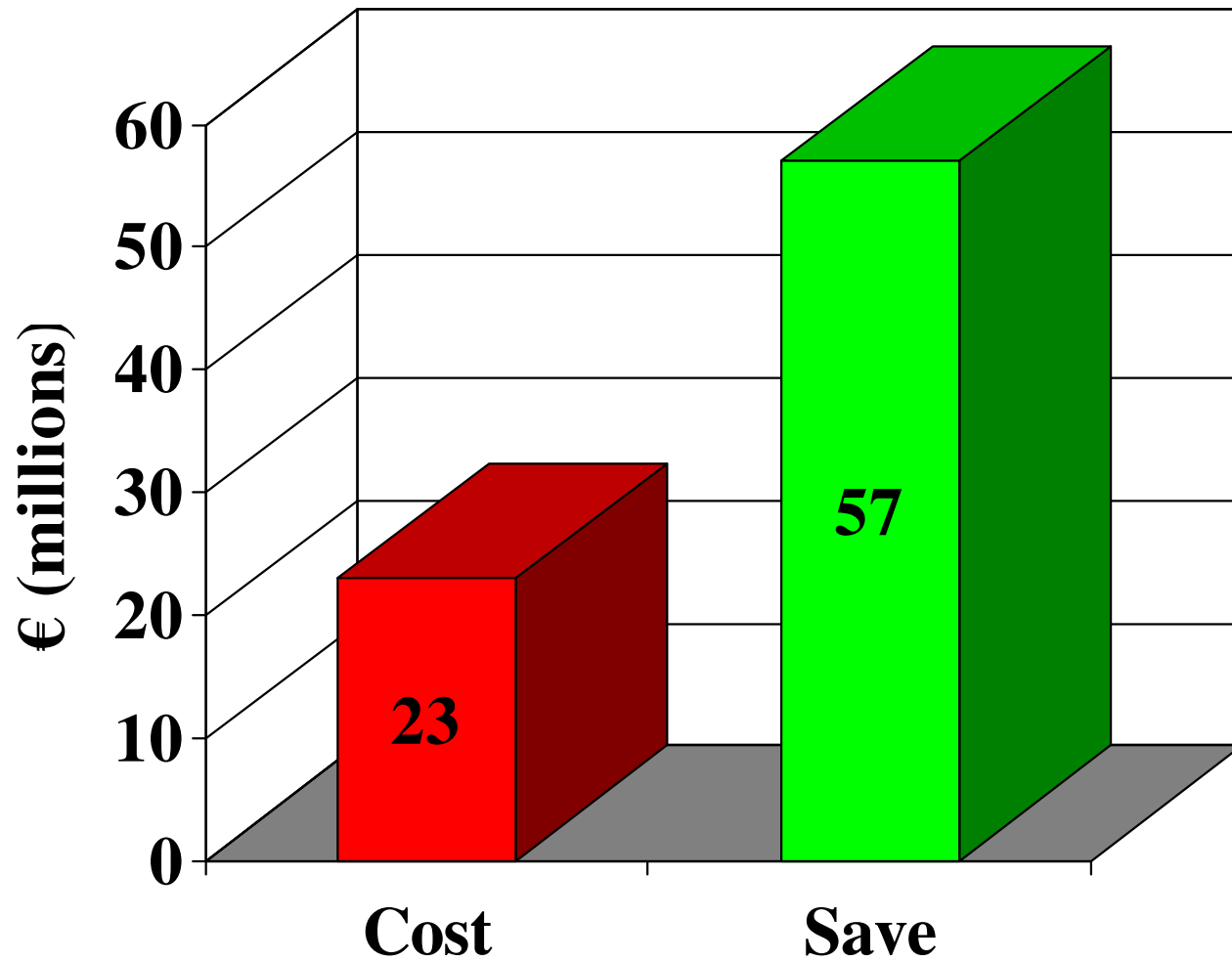
EUROPEAN NETWORK FOR SMOKING PREVENTION



# Numbers needed to treat (NNT) for one person to benefit



## Costs and savings to the health service





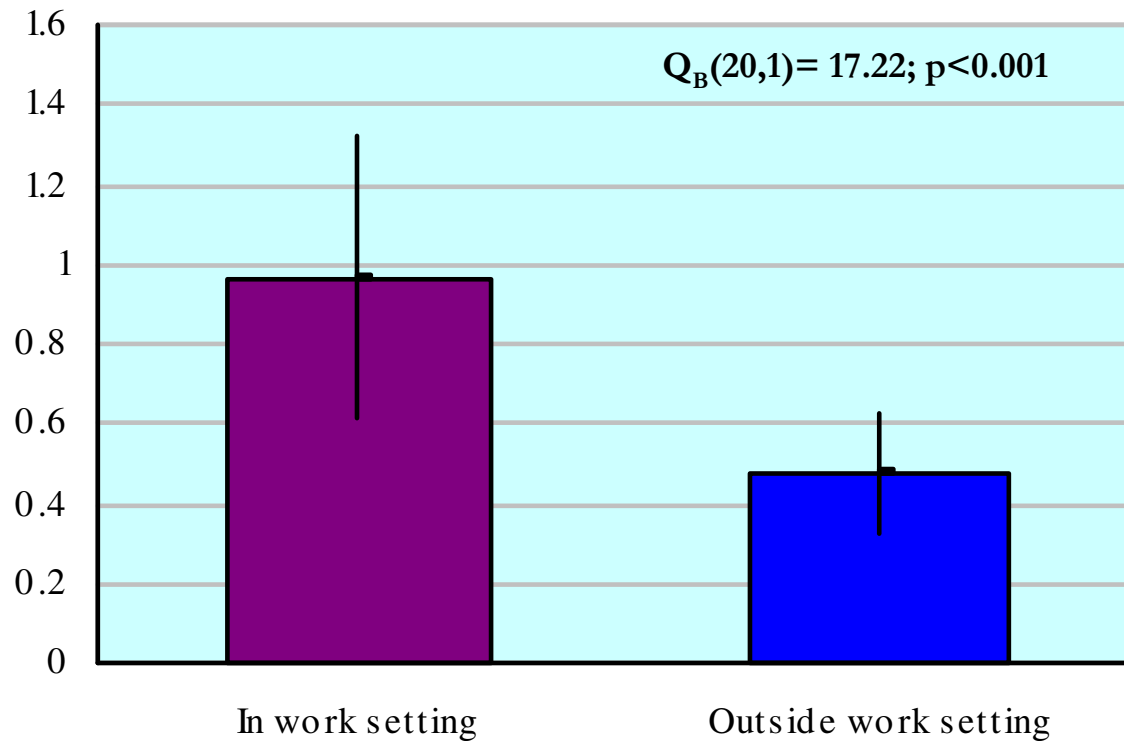
# Results

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1. 15% increase in screening rates  
above control rate of 48%
2. 13% increase in advice giving rates  
above control rate of 51%
3. 4.7% increase in patient quit rates  
above control rate of 16.9%

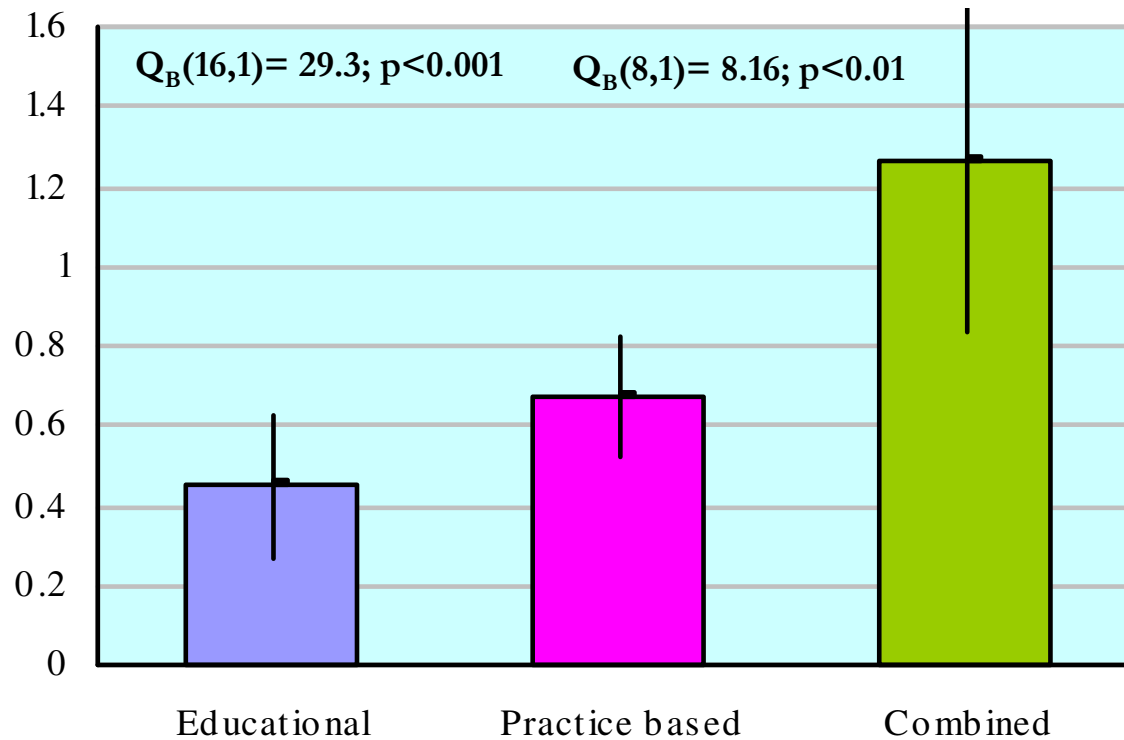
# Meta-analysis with logged odds ratios

## Established GPs



# Meta-analysis with logged odds ratios

## Established GPs





# European Partnership

- ENSP
- UniTS
- Stivoro
- 27 organisations from 20 Countries



# WHO IS UNITS?

Uni.TS is a private, non governmental, not for profit training and research organisation.

It was born in 1996 on an A.N.P.AS. (one of the biggest Voluntary organisations in Italy: 1.200.000 members, 850 local associations and 100.000 volunteers) project in partnership with Local Authorities, Public Institutions and Private Companies. Among UniTS members there is the biggest Italian elderly people voluntary organisation, AUSER(1.000 local associations, 60.000 volunteers and 200.000 members).

It has developed eNOperience on European tobacco control projects on the GPs Empowerment project





## Who is Stivoro?

- Stivoro is the non-governmental organization responsible for all aspects of tobacco control policy in the Netherlands.
- Established in 1974
- Stivoro has a staff of 30.
- Stivoro is the host of the Dutch Partnership project to reduce tobacco dependence, a public sector/private sector partnership to improve services for smoking cessation.
- Stivoro is active, amongst other things, in managing quitlines and providing standards of good practice and training for brief smoking cessation interventions in a variety of health care specialities.



# Aim of HPs 1

- To develop a horizontal European smoking cessation programme through:
    - *Identification*
    - *Assessment*
    - *Development*
- Of best practice strategies, policies and guidelines on smoking cessation for health care providers



# Objectives of HPs 1

- To raise awareness
- To create a European evidence based assessment tool to assess quality
- To make a registry and inventory of eNOisting services
- To create Country based partnerships and networks
- To create a European eNOpert network
- To prepare and publish a European best practice report



# **ACTIVITIES of HPs 1**

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- Preparation of the evidence based registry and assessment tool
- Set up two country based consensus building meetings
- Preparation of a report on eNOisting strategies, policies and guidelines
- Identification of gaps and opportunities for best practices
- Set up two European meetings (Pise – Leiden)
- Preparation of a European report on best practices



# Deliverables of HPs 1

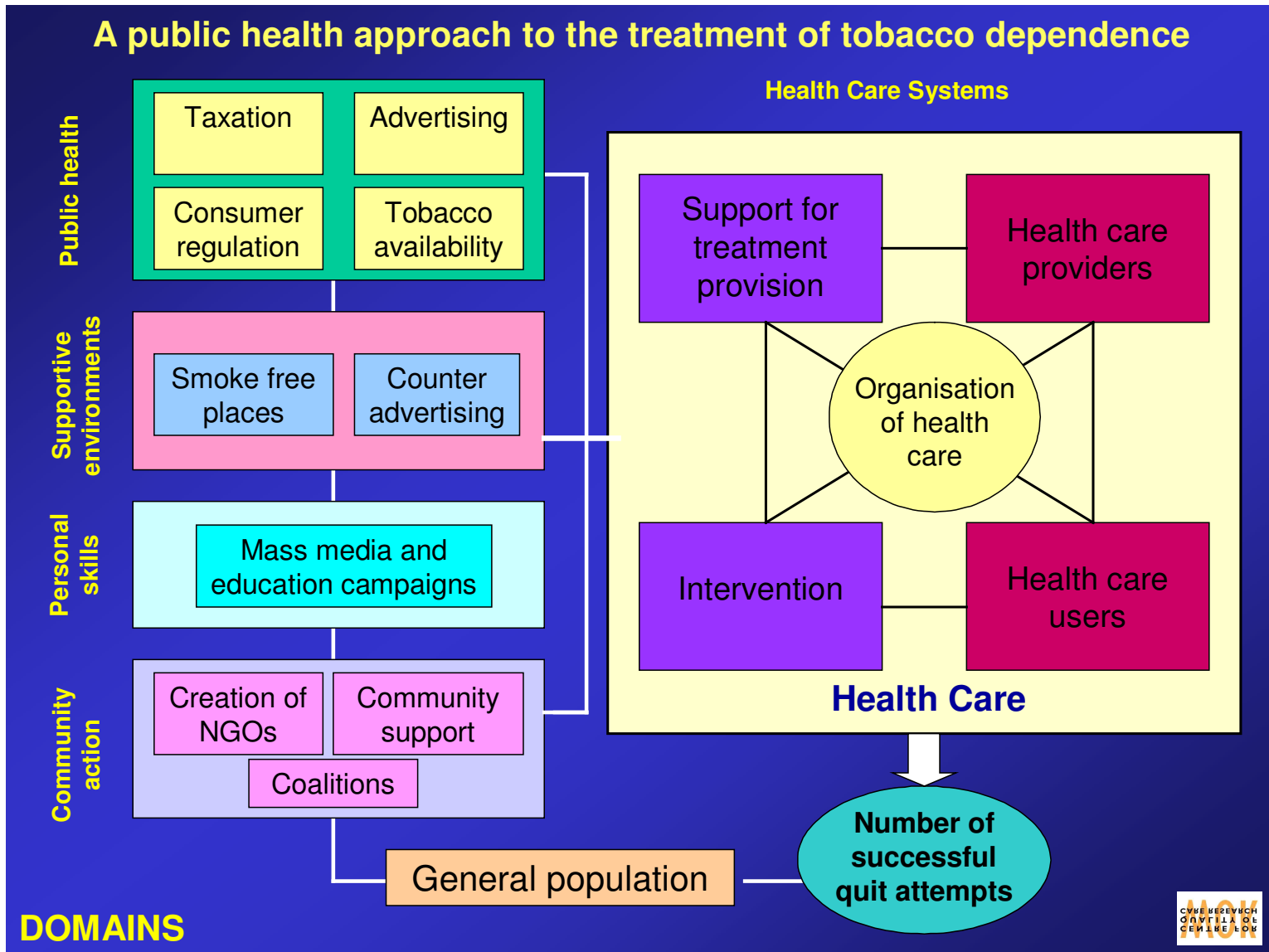
- A European Assessment tool to assess the quality of the strategies, policies and guidelines
- A registry and inventory of eNOisting services with an assessment of current services
- Country based and European partnerships and networks
- A European best practice report



## The tool can:

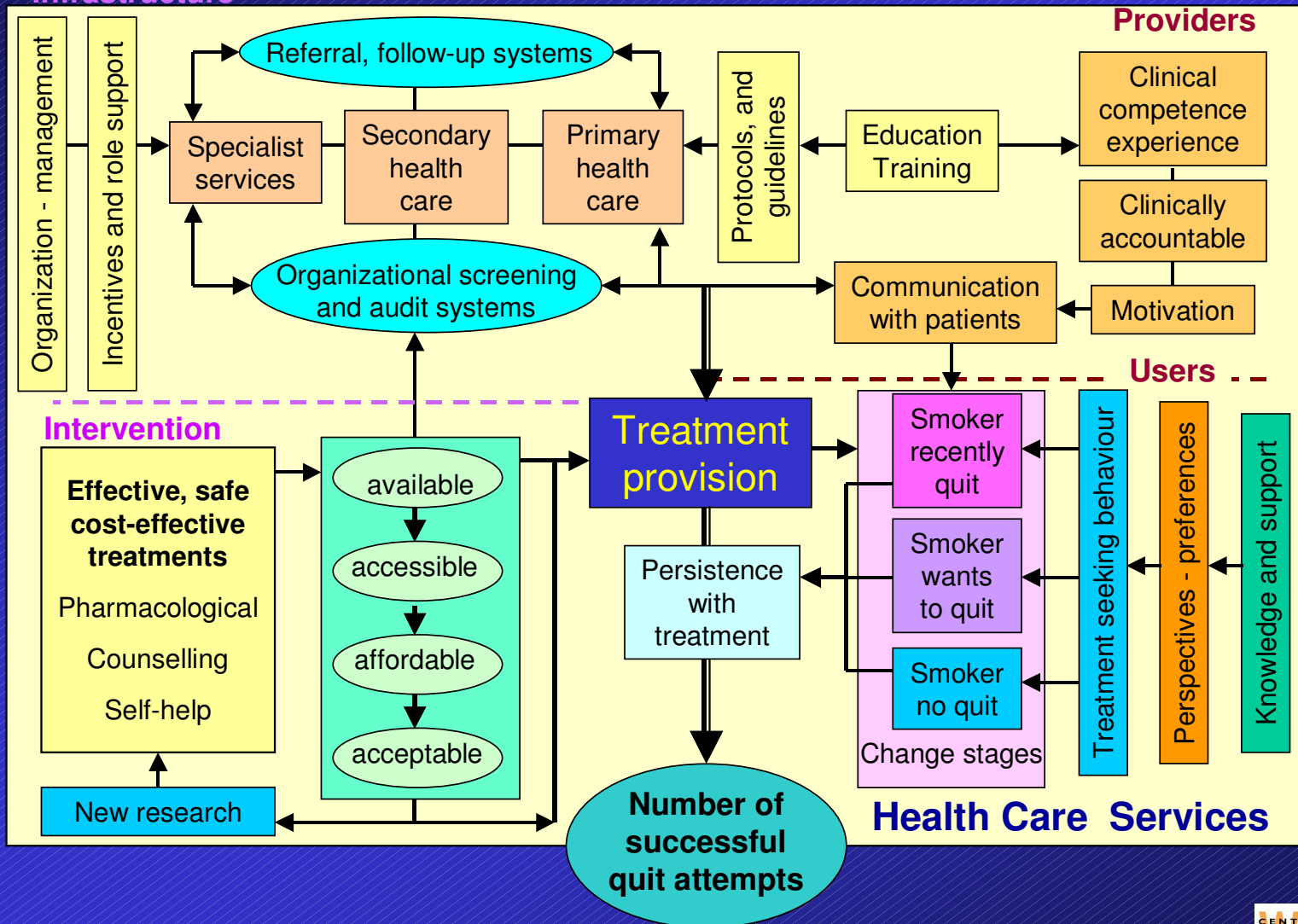
- ✓ Act as a baseline measurement
- ✓ Facilitate country group work and discussion
- ✓ Identify areas for service strengthening and improvement
- ✓ Monitor change
- ✓ Assess the implementation of article 14 of the framework convention on tobacco control

# A public health approach to the treatment of tobacco dependence

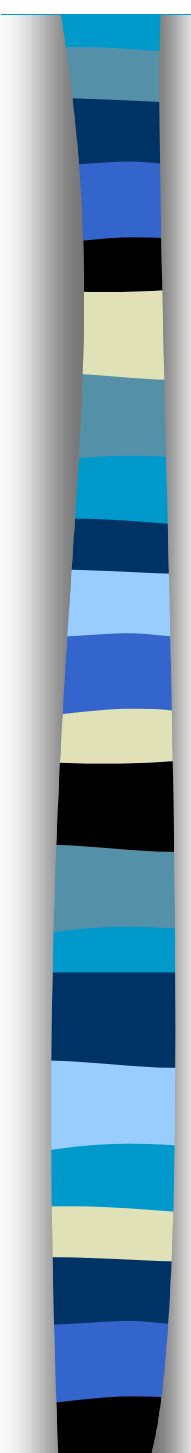


# Integration of components in the health service and practice domains

## Infrastructure







	Current partnership/coalition?	Govn policy on smoking cessation	Dept health official for smoking cessation	Govt funding for smoking cessation	Guidelines
Austria	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>YES</b>
Cyprus	<b>YES</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>YES</b>
Czech Republic	<b>YES</b>	<b>NO</b>	<b>YES</b>	<b>NO</b>	<b>NO</b>
Denmark	<b>YES</b>	<b>NO</b>	<b>?</b>	<b>NO</b>	<b>NO</b>
Estonia	<b>NO</b>	<b>YES</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>
France	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>NO</b>	<b>YES</b>
Germany	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>YES</b>
Italy	<b>YES</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>YES</b>
Latvia	<b>YES</b>	<b>NO</b>	<b>YES</b>	<b>NO</b>	<b>YES</b>
Netherlands	<b>YES</b>	<b>YES</b>	<b>NO</b>	<b>NO</b>	<b>YES</b>
Poland	<b>YES</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>YES</b>
Romania	<b>YES</b>	<b>NO</b>	<b>NO</b>	<b>YES</b>	<b>NO</b>
Slovakia	<b>NO</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>?</b>
Slovenia	<b>YES</b>	<b>NO</b>	<b>NO</b>	<b>YES</b>	<b>YES</b>
Sweden	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>YES</b>
Switzerland	<b>YES</b>	<b>YES</b>	<b>NO</b>	<b>YES</b>	<b>YES</b>
UK	<b>NO</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>



## **AIM of HPs 2 and HPs 3**

To promote the positive role that healthcare professionals can have in smoking prevention and cessation



## Objectives of HPs 2

- To prepare a report monitoring existing policies and services
- To update an internet database and inventory
- To improve and monitor smoking cessation policies and services
- To maintain an European expert network
- To develop and implement Country based strategies, policies and guidelines



## Activities of HPs 2

- Preparation of a report on eNOisting policies and services
- Preparation of an internet database
- Preparation of Country based strategies on smoking cessation
- Organisation of 2 Country based meetings
- Organisation of 2 European eNOperts meetings (Athens – Cyprus)



## Deliverables of HPs 2

- Report on eNOisting policies and services
- Internet database
- Country reports on policies, strategies and guidelines on smoking cessation



# Objectives of HPs 3

- To update a report monitoring eNOisting policies and services
- To maintain an internet database and inventory
- To improve and monitor smoking cessation policies and services
- To maintain an European eNOpert network
- To disseminate the 3yr project result



# Activities of HPs 3

- Update of a report on eNOisting policies and services
- Maintenance of the internet database
- Organisation of 1 Country based meeting to disseminate strategies on smoking cessation
- Organisation of 2 European meetings
- Organisation of an European Conference with about 250 participants



# Deliverables of HP 3

- Updated report on eNOisting policies and services
- Internet database
- European Conference report