



SCTC Project and activities in support to total prohibition of smoking in workplaces (2005)
(Supported by Ministry of Health of the Republic of Slovenia)

1. Final content report

1.1 Description of current activities from SCTC programme:

Organization and performance of »round table« in co-operation with Slovenian Public Health Institute (Students dorm, Maribor, Gosposvetska cesta 83, January 2005), with the title:« Is smoking in Slovenia rising or falling? What for? What is the percentage of Slovenians who are smoking? What is the structure of smokers- who smokes more, women or men? Younger or older?» (annexe) Exhibition of posters from world/European conferences on the topic »Health and Tobacco«. Co-operation of Slovenian national TV-Tele M –reportage.

Professional consultation, meeting and SCTC General Assembly (January 2005, Students Hall, Maribor).

Professional consultation and SCTC meeting (common project »Smoke Free Workplaces«- March 2005, in offices of IVZ RS)-annexe

Professional consultation and SCTC meeting (in offices of Slovenian Public Health Institute-June 2005)

Exhibition of SCTC activities in the hall of Union Hotel and professional consultation with Slovenian Public Health Institute (»For every mother and her child / Za vsako mamo in vsakega otroka«), 7th April 2005 (annexe)

Organizing a public show »Non-smoking festival / Festival nekajenja« (Europark Shopping Centre, 30th of May 2005;- cultural and professional programmes, dealing apples and flowers in exchange for cigarettes, public opinion questionnaire-annexe)

Exhibition of SCTC activities and professional consultation Slovenian Public Health Institute (31st of May 2005, Hotel Slon in Ljubljana - »Health workers and tobacco control / Zdravstveni delavci in nadzor nad tobakom«)

Radio shows (annexe - January, March, April, May, September, October-» Val 202, Radio Slovenia - common stations, Radio Marš, Radio Maribor...)

Television shows (annexe- January, April, May, September, October-RTV Slo, Tele M, Studio Signal... shows: Naši odmevi, Mini urgencia, Odrpta tema...«)

Professional Articles in newspapers and magazines (annexe - Večer, Delo, Mladina, Ona...)

Public show – Meeting of Slovenian non-smokers (Ljubljana – Mostec, September 2005)-annexe

Expert advices (Ministry of Health RS) annexe

Realization and evaluation of public opinion questionnaires (May, September 2005, informing Minister of Health RS)-annexe

Preparing preposition for supplementation of Tobacco legislation, for the area of Smoke Free Workplaces, informing Ministry of Health RS (annexe)

Organizing international conference in co-operation with EUN, CNVOS, ASH Ireland, Norwegian Institute for alcohol and drug research. Title of the conference – Smoke Free Workplaces

30th September 2005, grand hall – Center Europa, Ljubljana)- annexe (all material, expert part in summary)

Co-operation at the conference and ENSP General Assembly (April 2005- Ciper)

Preparing foundation for entering the ENSP member – annexe

Co-operation at the General Assembly of EUN – 1st October 2005, Ljubljana, preparing foundation to enter the presidency of EUN, Informing Ministry of Health RS- annexe

Co-operation at the meeting about supplements of tobacco law (Slovenian Parliament, October 2005 – annexe)

Co-operation at a public show »Student's Arena / Študentska Arena« October 2005, Gospodarsko Razstavišče, Ljubljana; manufacturing and exhibiting posters on the topic of Smoke Free Workplaces Manufacturing Health promotion material- on the topic »Smoke Free Workplaces« - T-shirts, hats, posters, invitations, CDs...

Active co-operation with media all year round (obvious from the annexes).

Participation of SCTC representative at study visit of non-governmental organisations in Brussels (September 2005) – annexe



Participation of SCTC representative at youth conference about tobacco in Brussels (November 2005)

Active co-operation in »School for health-promotion and chronic disease prevention / Šola za promocijo zdravja in preprečevanje kroničnih bolezni« in context of CINDI programme – October 2005 (annexe)

Educating SCTC members, volunteers, for informing owners of catering inns, pubs in Maribor, Murska Sobota (annexe) co-organising of education in Ljubljana.

Visiting 500 catering inns (Maribor, Murska Sobota, Ljubljana, Izola), informing owners about advantages of supplementing the tobacco law, motivating in the sense of safe and healthy workplaces, dealing of calendars 2006...-annexes

Preparing web pages of SCTC (www.tobak-zveza.org).

1.2. Number of users, which are participating in the programme:

Round table (January 2005), Working method: Groups, a lecture with plenary discussion (representatives of organisations, students, teachers, parents, 60 participants, 3h) in co-operation with RTV SLO, Tele M

Professional consultation SCTC – working method: groups, representatives of NGOs, governmental organizations, 54 participants,... day per 3hours)

Exhibition of SCTC activities, over 100 participants, duration 1 day.

Non-smoking festival: working method: groups (demonstration, promotion, exhibition, consultation, dealing of flowers and apples in exchange for cigarettes, over 200 participants different age, duration 1 day)

Exhibition of SCTC activities, over 60 participants, duration 1 day.

Exhibition of SCTC activities, over 60 participants, duration 1 day

Radio shows for the whole population, duration four hours

TV shows for the whole population, 3 hours

Expert articles in newspapers, 10 professional articles in daily newspaper and magazine

Public performance-Meeting on Slovenian non-smokers, working method: groups, over 100 participants, duration 1 day, co-operation of RTV slo.

Professional consultation (Ministry of health RS), 15 participants in total, duration 10 hours

Realizing and evaluating public opinion questionnaires, over 700 participants, durations 2 days

Preparing the proposition for supplementation of legislation, informing Ministry of health RS, working method-groups, 5 participants, durations 15 hours

Organizing international conference, working method: groups, over 60 participants, durations 1 day (lectures, promotion, exhibition, professional, consulting, dealing expert material, introduction evening for all participants of the conference – making connections with foreign experts – 40 participants)

Preparing foundation for entering ENSP

Co-operation at ENSP conference (over 60 participants)

Co-operation at General Assembly of EUN, presentation of SCTCs work naming the vice president of EUN, 15 participants, duration 1 day

Co-operation at the meeting about the supplementation of tobacco law (National Assembly, 20 participants, duration 3 hours)

Co-operation at a public show »Student's Arena / Študentska Arena«: Over 1000 participants, duration 2 days

Manufacturing promotion and professional materials: 20 participants, over 200 working hours in total

Youth conference about tobacco in Brussels- 1 participant from SCTC (over 80 participants)

All year round co-operation in medias, 15 participants, in total over 50 hours

Active co-operation in »School for health-promotion and chronic disease prevention / Šola za promocijo zdravja in preprečevanja kroničnih bolezni« (CINDI): over 50 participants, total 40 hours

Educating SCTC member : 56 volunteer participants, total 10 hours

Visiting 500 catering inns, 56 volunteer participants, total 400 hours

1.3 Goals:

- informing broader population about consequences of active and passive smoking
- motivating for changes in behaviour
- informing broader population about advantages of smoke free workplaces



- presentation of data from situation analyzes-podatkov analiz stanja and scientific researches and unity with EU tobacco politic trends
- motivating employers to prohibit smoking in work organizations(Smoke-free Workplaces!)
- connecting NGO, co-operation with foreign NGOs, granting the exchange of experience and good practices
- educating volunteers, involved in performed activities for a specific population
- forming suitable messages in the sense of informing
- usage of written media, radio, TV, Internet, preparing web pages
- co-operation with governmental institutions

Effects evaluation:

- public opinion questionnaires
- interviews
- radio and TV shows

Achieved effects of the programme are not different from the ones we planned!

1.4 Method, results and evaluation.

Opinion questionnaire (public research) in the first half of realization of the project – May 2005-analysis

Opinion questionnaire (public research) in the second half of realization of the project-September 2005-analysis

Open phone: 1h30min radio show in Maribor and TV show (1h) in Ljubljana - October 1005 (Analysis of public opinion, added DVD,CD)

Evaluation of response from informing employers in catering inns is possible to realize in the period after realizing the project/programme.

Influence of SCTC on acceptance of supplementing Tobacco Law will be possible to evaluate in the next year.

1.7

Public (society) is deficiently informed about the consequences of active and passive smoking.

Public is deficiently informed about possibilities of help you can get when you are trying to stop smoking.

High school youth is not getting systematically satisfactory information (schools).

Existing legislation is not considered and performed correctly and leaves doubts. Research shows the desire for total prohibition of smoking in the catering inns, prohibition of selling tobacco products to children younger than 18 years, and possibilities of selling tobacco products only in specialised stores.

Work in progress:

Additional public informing about expected supplementation of Tobacco Law.

Additional educating for volunteers who visit and inform employers.

Performing public shows (festivals, conferences, concerts and other mass-media events).

Letters to Slovenian Parliament members to support and except the Tobacco Law supplements.

Connection with Slovenian Ministry for Health, Slovenian NGOs and Health-Syndicates.

Mihaela Lovše, R.N.,BSC
SCTC chair person